

# CURRICULUM VITAE

April 2025

## MARJAN MIRZANIA

MSc, PhD

### Personal details

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## Academic Appointments

- **March 2025- Ongoing:** Assistant Professor of Health Education and Promotion, School of Medicine, Lorestan University of Medical Sciences (LUMS), Khorramabad, Iran.
- **2024:** Member of Exceptional Talents Development Center (PhD) of Tehran University of Medical Sciences, Tehran, Iran.
- **October 2021-October 2023:** Member of Committee of the Education Development Office (EDO), School of Health, Tehran University of Medical Sciences, Tehran, Iran.
- **May 2018-September 2019:** Instructor, Social Development and Health Promotion Research Center, Gonabads University of Medical Sciences (GUMS), Gonabad, Iran.
- **2017:** Member of Exceptional Talents Development Center (Master of Science) of Gonabads University of Medical Sciences, Gonabad, Iran.
- **October 2016-October 2017:** Member of Research Committee, Gonabads University of Medical Sciences, Gonabad, Iran.
- **2017:** The Premier Student (Master of Science) of Gonabads University of Medical Sciences, Gonabad, Iran.
- **2015:** Member of Exceptional Talents Development Center (Bachelor of Science) of Gonabads University of Medical Sciences, Gonabad, Iran.

## Education and Qualifications

- **PhD** in Health Education and Promotion; Tehran University of Medical Sciences, Tehran, Iran, 2019-2024.
- **Certificate of completion**, MOOC on Implementation Research. The Special Programme for Research and Training in Tropical Diseases (WHO-TDR in collaboration with University of Ghana, School of Public Health; May, 2023.
- **Master of Science** in Health Education and Promotion Gonabads University of Medical Sciences (GUMS), Gonabad, Iran, 2015-2017.
- **Bachelor of Science** in Public Health; Gonabads University of Medical Sciences (GUMS), Gonabad, Iran. 2011-2015.

- **Diploma** in Experimental Sciences, Farzanegan High School, Al-Ashtar, Lorestan, Iran, 2008.

### **Research Interests**

1. Public Health Education- Health Literacy
2. Health Promotion Programs Evaluation
3. Implementation science
4. Reproductive Health
5. Quality of Care- Mistreatment during Childbirth
6. Qualitative research
7. Gender Equity

### **Peer reviewing**

- Midwifery
- Journal of Family and Reproductive Health
- Journal of Research and Health

### **Publications, Abstracts, and Presentations**

#### **Publications**

1. **Mirzania M**, Shakibazadeh E, Bohren MA, Babaey F, Hantoushzadeh S, Khajavi A, Foroushani AR. Knowledge, attitude and practice of healthcare providers on mistreatment of women during labour and childbirth: a cross-sectional study in Tehran, Iran, 2021. PLoS One 2024; 19(10): e0311346
2. **Mirzania M**, Shakibazadeh E, Hantoushzadeh S, Panahi Z, Bohren MA, Khajavi A. An investigation into the acceptability, adoption, appropriateness, feasibility, and fidelity of implementation strategies for birth companionship in Tehran: a qualitative inquiry on mitigating mistreatment of women during childbirth. BMC Public Health 2024; 24: 1292.
3. **Mirzania M**, Shakibazadeh E, Bohren MA, Hantoushzadeh S, Khajavi A, Foroushani AR. Challenges to the implementation of a multi-level intervention to reduce mistreatment of women during childbirth in Iran: a qualitative study using

the Consolidated Framework for Implementation Research. *Reproductive Health* 2024; 21: 70.

4. **Mirzania M**, Shakibazadeh E, Bohren MA, Hantoushzadeh S, Babaey F, Khajavi A, Foroushani AR. Mistreatment of women during childbirth and its influencing factors in public maternity hospitals in Tehran, Iran: a multi-stakeholder qualitative study. *Reproductive Health* 2023; 20: 79.
5. **Mirzania M**, Shakibazadeh E, Ashoorkhani M. Challenges for implementation of inter-sectoral efforts to improve outbreak response using consolidated framework for implementation research; Iran's COVID-19 experience. *BMC Health Services Research* 2022; 22: 1118.
6. Ashoorkhani M, **Mirzania M**, Maleki M, Taghdisi MH, Shakibazadeh E. Lessons learned from the establishment of the public responsive telephone system of the ministry of health (System 4030): a survey of the perspectives of responsible managers and consultants. *Hakim Health System Research* 2021; 20(3): 306-319 (In Persian).
7. **Mirzania M**, Khajavi A, Kharazmi A, Moshki M. Health literacy and quality of life among Iranian pregnant women: the mediating role of health locus of control. *Medical Journal of the Islamic Republic of Iran* 2020; 34: 161.
8. **Mirzania M**, Khajavi A, Moshki M. Validity and reliability of Form C of the Multidimensional Health Locus of Control Scale in pregnant women. *Medical Journal of the Islamic Republic of Iran* 2019; 44(4): 307-314.
9. Moshki M, **Mirzania M**, Kharazmi A. The relationship of health literacy to quality of life and demographic factors in pregnant women: a cross-sectional study. *Journal of Health Literacy* 2018; 2(4): 203-215 (In Persian).
10. **Mirzania M**, Eshghizadeh M, Mousavinia F, Moshki M. Effects of participatory training program on the control of overweight and obesity in female adolescents. *Journal of Kerman University of Medical Sciences* 2018; 25 (4): 365-374.
11. Moshki M, Panahi-Shahri M, Najarpour F, **Mirzania M**. Relationship between treatment motivation, substance use, craving, withdrawal symptoms and health

locus of control in addicted patients. *Journal Research and Health* 2018; 8(3): 246-254.

## **Presentations**

- Lecture. Women's experiences of mistreatment during childbirth in public maternity hospitals in Tehran, Iran: a qualitative study. The 2<sup>th</sup> National Congress of Ethics in Midwifery and Reproductive Health with a focus of Maternal Dignity. Golestan University of Medical Sciences, Iran. May 2024.
- Association between Form C of the Multidimensional Health Locus of Control (MHLC-C) Scale and socio-demographic characteristics with depression during pregnancy in Iranian women. The 8<sup>th</sup> International Conference on Women's Health. Health Policy Research Center, Tehran, Iran. December 2019. Poster Presentation
- The mediating role of health locus of control between health literacy and quality of life: a study in Iranian pregnant women. The 8<sup>th</sup> International Conference on Women's Health. Health Policy Research Center, Tehran, Iran. December 2019. Poster Presentation
- Lecture. Effect of self-care education on the self-care status and health literacy in postmenopausal women based on the Teach-Back Method. The 3<sup>rd</sup> International and 8<sup>th</sup> National Congress on the Health Education and Promotion. Isfahan University of Medical Sciences, Iran. August 2017.
- The relationship of health literacy and quality of life in pregnant women. The 3<sup>rd</sup> International and 8<sup>th</sup> National Congress on the Health Education and Promotion, Isfahan University of Medical Sciences, Iran. August 2017. Poster Presentation.
- Effect of participatory training program on the control of overweight and obesity in female adolescents. The 7<sup>th</sup> National Congress on Health Education and Promotion. Tehran University of Medical Sciences, Iran. May 2016. Poster Presentation.

## **Research Projects**

- 1- **CO-PI.** Prevalence of mistreatment and disrespect of women during childbirth in the world: a systematic review and meta-analysis. TUMS. 2025 (Completed).
- 2- **PI.** Barriers to active transport modes in Tehran, Iran: a qualitative study. TUMS. 2025 (Completed).
- 3- **CO-PI.** Development and implementation of a context-specific intervention to reduce disrespectful maternity care, and evaluation of strategies to improve implementation: an implementation research approach. TUMS. 2022 (Completed).
- 4- **CO-PI.** Investigating common questions about health challenges in COVID-19 and developing solutions to address, as social responsibility of School of Public Health. TUMS. 2021 (Completed).
- 5- **CO-PI.** Identifying of participatory interventions in the primary prevention of suicide among students of Tehran University of Medical Sciences. TUMS. 2021 (Completed).
- 6- **CO-PI.** Challenges for implementation of transdisciplinary efforts to improve outbreak response: using consolidated framework for implementation research (CFIR); Iran's Corona experience. TUMS. 2020 (Completed).
- 7- **CO-PI.** Identifying the challenges of ministry of health's hotline (4030) and proposing solutions: experience in the COVID 19. TUMS. 2020 (Completed).
- 8- **CO-PI.** Rapid assessment of social development and health status in the population covered by Gonabad University of Medical Sciences. GUMS. 2018 (Completed).
- 9- **PI.** Validity and reliability of Form C of the Multidimensional Health Locus of Control (MHLC-C) Scale in depression during pregnancy. GUMS. 2017 (Completed).
- 10-**PI.** The mediating role of health locus of control between health literacy and quality of life among Iranian pregnant women. GUMS. 2017 (Completed).
- 11-**PI.** Effects of participatory training program on the control of overweight and obesity in female adolescents. GUMS. 2014 (Completed).

## **Published Books**

- Moshki M, **Mirzania M**. Health Literacy. 2018; Marandiz Publication (in Persian).

## **Lectures and Workshop Teachings**

- Lecturer. Research school workshop (Qualitative Studies). School of Public Health. Tehran University of Medical Sciences. Tehran, Iran, June 2024.
- Lecturer. Research school workshop (Proposal writing). School of Public Health. Tehran University of Medical Sciences. Tehran, Iran, December 2023.
- Lecturer. Research school workshop (Instrument validity and reliability). Social Development and Health Promotion Research Center. Gonabad University of Medical Sciences. Gonabad, Iran, June 2019.
- Lecturer. Research school workshop (Instrument validity and reliability). Social Development and Health Promotion Research Center. Gonabad University of Medical Sciences. Gonabad, Iran, May 2017.

## **Personal Skills**

- Advanced in qualitative research (in-depth interviews and focus groups) for complex and multi-facet research.
- Skill in use of qualitative software (Maxqda)
- Statistical analysis: trained to use SPSS, STATA, Smart PLS, AMOS, and LISRELE
- Expert in Microsoft Office